



MINNESOTA STATE COLLEGE **SOUTHEAST**

Drug Free Schools and Communities
Act Biennial Review
Fall 23 through Spring 25

Table of Contents

SECTION 1: Background and Information 3

SECTION 2: Environmental Strategic Interventions..... 5

 Student Life Programs and Efforts..... 5

 Fitness Centers..... 5

 Student Organizations 5

 Academic Faculty and Coursework 5

SECTION 3: Notification of Standards: Laws, Risks, and Resources 9

 Written Notice to All Students 9

 Student Handbook 9

 Drug Free Policy 9

 Written Notice to all Employees..... 9

 State of Minnesota Laws, Red Wing City Ordinances, and Winona City Ordinances.. 9

 State of Minnesota Laws 9

 City of Red Wing Ordinances 10

 City of Winona Ordinances 11

 On and Off Campus Resources..... 11

 Parental Notification (for students)..... 12

SECTION 4: Southeast Policy Inventory 13

 Alcoholic Beverages or Controlled Substances on Campus [Policy 703]..... 13

 Tobacco Use on Campus [Policy 706] 13

 Student Code of Conduct [Policy 113] 13

SECTION 5: Policy Enforcement and Disciplinary Process Referrals (students only) .. 15

 Standards of Conduct..... 15

 Disciplinary Sanctions..... 15

 Enforcement 15

 Policy Violations and Referrals 15

SECTION 6: Review Process..... 16

SECTION 7: Conclusion/Summary 17

SECTION 1: Background and Information

The Drug-Free Schools and Campus Regulations (34CFR Part 86) of the Drug-Free Schools and Communities Act (DFSCA) of 1989 requires institutions of higher education such as Minnesota State College Southeast (Southeast) to design and implement alcohol and illicit drug programs on their campuses. As a condition of receiving funds or any other form of financial assistance under any federal program, an institution of higher education must certify that it has adopted and implemented a program to prevent “the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees” on campus property or as a party of any campus activity. At a minimum, each institution of higher education must annually distribute the following in writing to all students and employees:

- Standards of conduct that clearly prohibit the unlawful possession, use or distribution of illicit drugs and alcohol by students and employees. A description of the legal sanctions under local, state, or federal for the unlawful possession or distribution of illicit drugs and alcohol.
- A description of short term and long-term health risks related to the use of illicit drugs or the abuse of alcohol.
- A description of any drug or alcohol counseling, treatment, rehabilitation, or re-entry programs that are available to employees and students.
- A clear statement that the institution will impose sanctions on students and employees and a description of those sanctions, up to and including expulsion or termination of employment and referral for prosecution, for violations of the standards of conduct. The law further requires an institution of higher education to review its program:

The law further requires that the institution conducts a biennial review of its program with the following objectives:

1. Determine the effectiveness of the policy and implement changes to the Alcohol and Other Drug (AOD) program if they are needed; and
2. To ensure that the sanctions developed are consistently enforced.

The biennial review must also include a determination as to:

1. The number of drugs and alcohol related violations and fatalities occurring on the campus or as part of their activities that are reported to campus officials; and
2. The number and types of sanctions the campus officials impose on students or employees as a result of such violations or fatalities.

Southeast acknowledges its legal obligation to conduct a biennial review of compliance with the Drug-Free Schools and Communities Act and authorizes an administrative review to be conducted to determine if the college fulfills the requirements of the aforementioned Federal regulations.

The intention of this document is to meet the legal requirements of conducting a biennial review and also summarize the programs, initiatives, and activities related to alcohol and drug prevention on Southeast’s campuses during the FY2024 (Fall 2023 through Spring 2024) and FY 2025 (Fall 2024 through Spring 2025). The Biennial Review committee consists of:

- Kenney White, Dean of Students
- Heather Fleming, Student Services Assistant

- Tracy Rahim, Student Life Coordinator
- Melanie Vickmark, Academic Coach
- Kelsey Sletten, Academic Success Center Coordinator (Red Wing)
- Tina Johns, Academic Success Center Coordinator (Winona)
- Diane Jacobson, Red Wing Promise Navigator
- Kate Parsi, Director of Academic Support and Advising
- Serena Bohn, Mental Health Counselor
- Christopher Cichosz, Director of Campus Safety

Southeast is a two-year institution with campuses located in Red Wing, Minnesota and Winona, Minnesota. Southeast is a member of the Minnesota State system, adhering to the system's Board of Trustees policies as well as State of Minnesota statutes and laws.

SECTION 2: Environmental Strategic Interventions

Southeast is committed to providing students and staff an educational environment that limits by the impact of alcohol and drugs. Southeast provides various educational and social opportunities for students and staff.

Student Life Programs and Efforts

Southeast offers students several opportunities to socially engage on campus with other students in an alcohol-free and drug-free environment.

Fitness Centers

Southeast students also have the opportunity to engage in their own health and wellness by utilizing the Red Wing YMCA, if students are in the Red Wing area. Students in the Winona area can utilize the Winona State University Fitness Center.

Student Organizations

Southeast has several student organizations that students may join based on their academic involvement or personal interests. All recognized student organizations abide by Southeast's [Alcoholic Beverages or Controlled Substances on Campus policy](#). Student organizations offer an opportunity for students to engage socially in a drug and alcohol-free environment. Southeast has the following student organizations:

- Student Senate
- Student Music Association
- SkillsUSA
- Radiography Club
- Phi Theta Kappa
- Mechatronics Club
- Equestrian Academy (FY24 & FY25 only)
- CNC Club
- Backwoods Club (FY 24 only)

Academic Faculty and Coursework

Instructional staff report concerning behavior of students such as disruptive behavior, missing classes, and assignments through our early alert system. When an alert is received, Southeast staff members work to follow up with the students to see what they are struggling with. If needed, the instructor or staff members will connect students with an appropriate school or community resource.

Instructional staff who travel with students to college sponsored events are acting in accordance with Southeast's [Alcoholic Beverages or Controlled Substances on Campus policy](#).

Instructional staff are also encourage to reference the Drug-Free Schools and Communities Act along with the [Alcoholic Beverages or Controlled Substances on Campus policy](#) in their syllabi.

Southeast offers a number of courses to students that bring awareness of the effects alcohol and other drugs have on a person:

- HUMA 1125 - Moral Problems: An introduction to ethical principles as applied to the moral issues and challenges individuals encounter in everyday life. Emphasis will be given to the analysis and development of ethical views and decision making. A broad variety of topics will be explored, including personal moral character, medical, religious, racial, and cultural issues. A unit on the moral issues surrounding drug use is included.
- PSYC 1110 - Introduction to Psychology: An introduction to the history of psychology, consciousness, learning theories, memory, problem-solving, intelligence, motivation, life-span development, personality, abnormal psychology, and therapy. The effects of alcohol and drugs are discussed in the course in terms of altered states of consciousness, including tolerance and addiction potentials.
- PSYC 1115 - Lifespan Psychology: Exploring theories of human development to understand the connections and relationships of stages of growth from conception to late adulthood. Genetics; prenatal development and birth; physical, cognitive, and psychosocial development from birth through late adulthood; and dying, death, and bereavement will be examined. The effects of alcohol and drugs in conjunction with fetal development and also adolescence is discussed in the course.
- NURS 1420 - Pharmacology in Nursing: examine pharmacotherapeutic agents, including homeopathic and complementary therapies, used in the treatment of illness and the promotion, maintenance, and restoration of wellness in diverse individuals. It focuses on drug classification, concepts, and principles of pharmacology, with special consideration for the nursing role in developing a comprehensive approach to the clinical application of drug therapy through the use of the nursing process. Nursing implications related to the utilization of drug therapy are examined. Safety, ethical, legal implications of drug administration are discussed.
- NURS 2400 - Medical/Surgical Nursing II: focus on patients experiencing more complex medical/surgical health alterations that require medical and/or surgical intervention. Concepts of evidence-based practice, informatics, priority-setting, clinical judgment, quality improvement, and teamwork and collaboration will be emphasized throughout the course. Clinical experiences provide the student with an opportunity to apply theoretical concepts and implement safe, patient-centered care to patients in a variety of settings. Emphasis is also placed on the management of patients facing emotional and psychological stressors, as well as the promotion and maintenance of the mental health of individuals and families. Alcohol and substance use disorders along with the acute effects of alcohol and substances when used in excess and their effects are discussed in the course.
- NURS 2418 - Family Nursing: Emphasis is placed on normal and abnormal conditions of pregnancy, normal growth and development, family structure and function, family dynamics, health and illness states of children, and the promotion of safe, healthy behaviors in the growing family. Clinical experiences provide the student with an opportunity to apply theoretical concepts and implement collaborative, safe patient care to mothers, newborns, and children in select settings. Emphasis is also placed on the management of growing families facing emotional and psychological stressors, as well as the promotion and maintenance of the mental health of individuals and families. The effects that drugs and alcohol can have on a pregnancy and the development of an unborn child, as well as the growth and development and cognitive/physical impact it can

have after birth is discussed.

- BIOL 1200 - Human Biology: Is a survey of general human function and interactions in a biological world. Cell and organ system functions are described in the context of normal health. Generalities about the effects of alcohol and drugs are presented when discussing the nervous, endocrine, immune, and digestive systems.
- BIOL 1226 - Nutrition: This course covers basic principles of nutrition and their relationship to human health and normal biological function. Students are exposed to current trends in nutrition, behaviors typical of a positive nutritional lifestyle, and a lab like experience to evaluate their own nutritional status. Topics covered include an introduction to nutrients, digestive function and metabolism, the role of physical activity, dietary standards, proper diet planning, and nutrition related diseases. The mechanism of downregulation of receptors and the physiology associated with drugs and alcohol which can lead to tolerance and addiction are discussed.
- BIOL2515 - Anatomy & Physiology I: An introduction to the structure and function of the human body with an emphasis on normal health. This course includes a review of cellular biology, cellular transport, cell reproduction, and basic biochemistry. Topics covered include tissues, the integumentary system, skeletal system, articulations, muscular system, and nervous system. presentations about the effects of alcohol and drugs are presented when discussing the endocrine, reproduction/fetal development during gestation, immune and digestive systems.
- BIOL 2516 - Anatomy & Physiology II: Continues the study of the human body from Human Anatomy and Physiology I. This course includes principles of chemistry, biochemistry, and molecular biology as they relate to the study of normal body function. Topics covered include the endocrine system, cardiovascular system, immune system, respiratory system, urinary system, digestive system, and reproductive systems. More in-depth presentations about the effects of alcohol and drugs are presented when discussing the endocrine, reproduction/fetal development during gestation, immune and digestive systems. Special emphasis during the study of the digestive system is given to the effects of alcohol and drugs on liver physiology.
- BIOL 2540 - Pathophysiology: This course expands upon knowledge gained in Anatomy and Physiology I and II to explore the changes that result from disease processes in the body. The nature, cause, diagnosis, and treatment of common diseases will be emphasized. The mechanism of downregulation of receptors and the physiology associated with drugs and alcohol which can lead to tolerance and addiction are reviewed.
- ECED 1020 - Child Health, Safety, and Nutrition: This course provides guidance for how to establish and maintain a physically and psychologically safe and healthy learning environment for young children. Topics include preventing illness and accidents; handling emergencies; providing health, safety, and nutrition educational experiences; meeting children's basic nutritional needs; child abuse and current health-related issues. implications for parental/caregiver drug/alcohol abuse are discussed.
- ECED 1150 - Child Growth and Development: This course provides an overview of development from prenatal through adolescence, including physical, social, emotional,

language, cognitive, and creative development. Emphasis is placed on understanding the needs of the whole child and applying developmentally appropriate practices while reviewing a range of early childhood models and settings. The course will examine variations across cultures and interactions between genetic and environmental factors. This class touches on teratogens (including drugs/alcohol) in the context of prenatal development.

- ECED 2215 - Supporting Infant and Toddler Development: – Student will explore the well-being, competence, and developmental outcomes of prenatal, infant, toddler development in the context of their families. Students will be required to observe infant and toddler caregivers. This class takes a deeper look at teratogens (including drugs/alcohol) in the context of prenatal development.

SECTION 3: Notification of Standards: Laws, Risks, and Resources

Written Notice to All Students

The Dean of Students emails a notice to all students during the first week of the academic term and provides them with information for the student handbook, the student code of conduct, and Southeast's Drug Free policy. The information is as follows:

Student Handbook

A great resource to be aware of is the [Minnesota State College Southeast Student Handbook](#). The webpages in the handbook provide wonderful information about services and campus resources for you to be a successful student. The handbook also covers the student code of conduct, and campus policies and procedures which are integral to your success. Please take the necessary time to review the student handbook. From time-to-time policies do change mid-year, though we try to avoid that whenever possible. If changes are made, they will be incorporated into the current handbook, and you will receive email notification of any mid-year changes. Changes will also be noted under the [policy updates section on this page](#), so you can easily review what has changed at any point in the year.

Drug Free Policy

Although the use of cannabis is now legal within the State of Minnesota for adults aged 21 and over, Minnesota State College Southeast is required to remain in compliance with federal law, specifically the [Drug-Free Schools and Communities Act](#) (<https://www.congress.gov/bill/101st-congress/house-bill/3614>). As such, the possession, use, or distribution of any cannabis product is prohibited on all college properties or at college-sponsored events, regardless of location. You can review the [students handbook](#) for more information related to the campus policy on [tobacco, alcohol, cannabis, and other drugs](#). The College's Drug Free School Biennial Report is available [here](#) on the college website.

Written Notice to all Employees

At the beginning of each academic term, the College Human Resources Officer (CHRO) or designee distributes an official notice via email to all employees, providing them with the Minnesota State College Southeast Drug Free Environment policy and procedure. In addition, new employees will receive via email the Minnesota State College Southeast Drug Free Environment policy and procedure via email at the time of hire.

State of Minnesota Laws, Red Wing City Ordinances, and Winona City Ordinances

State of Minnesota Laws

It is a violation of Minnesota State Law for anyone under the age of twenty-one to:

- Consume alcoholic beverages or have any measurable amount of alcoholic beverage in their system.
- Purchase, attempt to purchase, or possess alcoholic beverages.
- Misrepresent your age, attempt to use another's driver's license or false identification to gain entry into a liquor establishment or to purchase alcoholic beverages.

- Enter a licensed liquor establishment to purchase or be served alcoholic beverages. Minnesota Law makes it illegal to drive while under the influence of alcohol, a controlled substance, or both. A blood alcohol level of .08 or more is considered intoxicated.

A police officer can require you to provide a breath, blood, or urine sample for testing. If you refuse, you will lose your driving privileges in Minnesota for one year. It is also a gross misdemeanor offense to refuse to take the test if you have previously been convicted of DUI or if you have been asked to take a test before.

An open bottle or container of alcohol in a motor vehicle is also against the law.

Likely consequences of a conviction for driving under the influence of alcohol or drugs include:

- A fine of up to \$1,000
- Loss of your driver's license for 90+ days
- Enhanced penalty for a BAC over .16
- Retake Minnesota driver's license exam, both written and driving, and pay a \$680 reinstatement fee to have your driving privileges renewed in Minnesota.
- Nonresidents can expect their home states to be notified of the conviction. Many home states will suspend your driver's license for an additional period of time.
- A \$75+ fee for a chemical dependency interview with a counselor.
- Mandatory compliance with chemical dependency counselor's recommendations.
- A 90-day jail sentence stays on the condition that the fine is paid, and no similar convictions occur within two years.
- Insurance costs will increase substantially for at least three years.

Repeat Offenses: A second offense of DUI within five years, or a third within 10 years, will be charged as a gross misdemeanor with a maximum possible sentence of one year in jail and/or a \$3,000 fine. All of the consequences listed above become more serious upon a second offense.

City of Red Wing Ordinances

Selling, bartering, furnishing, or giving alcoholic beverages to a person under 21 years of age is prohibited.

It is a violation of City of Red Wing Ordinance for any person to consume, or possess in an unsealed container, alcohol beverages, on any street or other public property except when and where permission has been specifically granted or licensed by the city council.

It is unlawful for any person(s) to host or allow an event or gathering at any residence, premises, or on any private or public property, where alcohol or alcoholic beverages are present and when the person knows or reasonably should know that an underage person will or does:

- consume any alcohol or alcoholic beverage; or
- possess any alcohol or alcoholic beverage with the intent to consume it; and the person fails to take reasonable steps to prevent possession or consumption by the underage person(s).

A person is criminally responsible for violating this ordinance if the person intentionally aids, advises, hires, counsels, or conspires with or otherwise procures another to commit the prohibited act. A person who hosts an event or gathering does not have to be present at the event or gathering to be criminally responsible.

Violations of any of these provisions are a misdemeanor offense.

City of Winona Ordinances

No liquor or wine shall be sold or furnished for any purpose whatsoever to any minor or to any person to whom such sale is prohibited by any law of this State or Chapter.

Within the City of Winona no person shall consume either intoxicating liquor or 3.2% malt beverages or be in possession of any glass or other open container containing either intoxicating or 3.2% malt liquor while in or upon any public street, alley, sidewalk, parking lot or other public way, except when and where permission has been granted or licensed by city council.

It is unlawful for any person to host or allow an event or gathering at any residence, premises, or on any private or public property, where alcohol or alcoholic beverages are present, when the person knows or reasonably should know that an underage person will or does:

- consume any alcohol or alcoholic beverage; or
- possess any alcohol or alcoholic beverage with the intent to consume it; and the person fails to take reasonable steps to prevent possession or consumption by the underage person.

A person is criminally responsible for violating this ordinance if the person intentionally aids, advises, hires, counsels, or conspires with or otherwise procures another to commit the prohibited act. A person who hosts an event or gathering does not have to be present at the event or gathering to be criminally responsible. Violation of any of this ordinance is a misdemeanor.

On and Off Campus Resources

Southeast provides services and referrals for students or faculty/staff members who need to address alcohol and other drug abuse issues.

- Mantra Health: www.mantrahealth.com/southeastmn
- WSU Counseling: 507-4575330 or counselingservices@wsu.edu
- Hiawatha Valley Mental Health Center: 651-327-2270 (Red Wing), 507-454-4341 (Winona), or Hiawatha Valley Mental Health Center - Southeast Minnesota
- Winona Health: 507-454-3650 or www.winonahealth.org
- Employee Assistance Program: www.mylifematters.com
- Common Ground MN: 507-281-0023 or Common Ground
- Alcoholics Anonymous: aaMinnesota
- Narcotics Anonymous: Minnesota Region of Narcotics Anonymous

Parental Notification (for students)

Students experience a variety of positive and negative challenges when transitioning from their home environment to college life. Sometimes these challenges interfere with students' academic achievement and may include alcohol and/or drugs. Southeast's goal is to partner with families in assisting with students' transitions.

The 2008 Minnesota Legislature amended the Education Data section of Minnesota Statute to address the issue of postsecondary institutions notifying parents of their students' drug or alcohol offenses.

This allows, but does not require, Southeast to disclose disciplinary violations based on drug or alcohol use or possession if the student is under the age of twenty-one at the time of the violation. However, disclosure is only based upon a student signing a release and identifying the specific person(s) the information may be released to.

Students can sign the release, even if there is no current record or disciplinary violations regarding drug or alcohol use or possession. The release is good for one year only from the date of signature. A new release must be signed each year.

Information about this release is provided at the beginning of each semester. An Authorization to Release Student Info form can be found on this page, [Student Forms | Southeast](#). The direct link to the form is [Authorization to Release Student Info form](#). For questions regarding this release, please call 507-453-1422.

SECTION 4: Southeast Policy Inventory

Alcoholic Beverages or Controlled Substances on Campus [[Policy 703](#)]

Minnesota State College Southeast endorses and is committed to complying with all Minnesota State Alcoholic Beverages or Controlled Substances on Campus Policies and Procedures ([Minnesota State - 5.18 Alcoholic Beverages or Controlled Substances on Campus](#)). It shall be the responsibility of all employees of Minnesota State College Southeast to promote and apply both the Minnesota State and Minnesota State College Southeast Policies and Procedures.

Procedure

- Student violations of this policy will be directed to the Dean of Students (507-453-1422) to be addressed.
- Faculty and staff violations to this policy will be directed to the Chief Human Resources Officer (507-453-2673) to be addressed.
- Guest violations of this policy will be directed to the Director of Security (507-457-5555) to be addressed.

Tobacco Use on Campus [[Policy 706](#)]

The use of tobacco products is not permitted within seventy-five feet of buildings except in designated areas. Violators of the policy will be subject to disciplinary action. (Students: see [Policy No. 113 Student Code of Conduct](#))

Student Code of Conduct [[Policy 113](#)]

Minnesota State College Southeast offers each student the freedom to learn and the freedom to enjoy college life in an orderly and lawful manner. In return, Southeast expects every student to assume the obligations and responsibilities that accompany those freedoms. By enrolling at Southeast, students assume the obligation and responsibility of conducting themselves in accordance with reasonable and lawful requirements.

For that purpose, Southeast has developed a Student Code of Conduct to support students' physical and emotional well-being along with their educational and professional development. The Student Code of Conduct is intended to ensure students receive all due process rights, and that a strong and equitable educational environment is established.

The Student Code of Conduct does not replace, nor does it reduce any requirements of civil or criminal law. Therefore, students who violate civil or criminal law may be subject to both legal and college sanctions for the same conduct when the conduct occurs off campus but is related to the college community. For the purpose of this report the correlation sections of the policy are below.

Alcohol: The use, possession, manufacturing, or distribution of alcohol on college property or at college sponsored events (except those with official approval) is prohibited. Public intoxication is prohibited. Alcoholic beverages may not under any circumstance be used by, possessed by, or distributed to any person under twenty-one years of age. Information about the Alcoholic Beverages on Campus policy can be found at [Southeast Policy 703](#).

Drugs and Other Controlled Substances: Unauthorized use, possession, manufacturing, or distribution of any illegal drugs or drug paraphernalia is prohibited. Use or possession of prescription drugs other than by the person prescribed or for use other than the prescribed

purpose is also prohibited. Pursuant to federal law, the use of cannabis, including medical use, is prohibited on college property and at college sponsored activities. Information about the Controlled Substances on Campus policy can be found at [Southeast Policy 703](#).

Smoking/Vaping/Tobacco Use: Smoking, vaping, or the use of other tobacco/nicotine products is prohibited within all college buildings. Information about the Tobacco-free Environment policy can be found at [Southeast Policy 706](#).

SECTION 5: Policy Enforcement and Disciplinary Process Referrals (Students Only)

Standards of Conduct

Southeast's standards of conduct prohibit the unlawful possession, use, manufacture or distribution of illegal drugs, marijuana and alcohol by students and employees at all on-campus activities and off-campus activities that are considered to be school-sponsored, athletic teams, sports club, Student Senate, student organizations and groups, member of a Southeast group, delegation, field trips, etc., also fall under these requirements.

Disciplinary Sanctions

Southeast shall impose appropriate disciplinary sanctions on students and employees found to violate this policy, up to and including expulsion or termination. Individuals who violate this policy may additionally be subject to legal sanctions, including criminal prosecution, under Federal, State, or local law. Summary information on legal penalties for violating controlled substance law is found below.

Students working as employees may be held accountable under employee sanctions while on duty. They may additionally be held accountable under the student sanctions.

Enforcement

Enforcement of the policies is the responsibility of all staff, faculty, and students. If an individual wishes to report an incident immediately they can contact 911 if the situation is an emergency. For non-emergency matters an individual can contact Southeast Security at 507-457-5555. The Winona Police Department at 507-457-6368 or the Red Wing Police Department at 651-385-3155 are also options.

The Dean of Students office is primarily responsible for following up on alleged violations of campus policies as it relates to students. The Department of Human Resources addresses matters involving employees. College drug and alcohol related violations and fatalities as well as sanctions imposed on students or employees as a result of such violations or fatalities are included in the annual security report that is distributed to students and employees.

Policy Violations and Referrals

During the review period there were no violations of the Alcohol policy and Drugs and Other Controlled Substances policy. Violations of these policies are included in the Campus Security Report/Clery Report, found here: [Southeast - Campus Security Report](#)

SECTION 6: Review Process

During the review period there were no violations of the Alcohol policy and Drugs and Other Controlled Substances policy. Violations of these policies are included in the Campus Security Report/Clery Report, found here: [Southeast - Campus Security Report](#).

SECTION 7: Conclusion/Summary

Minnesota State College Southeast appears to be in full compliance with Federal legislation. Southeast has developed and maintains a drug prevention policy. Southeast distributes the drug-free policy annually to all students, faculty and staff through the Annual Security Report. The drug-free policy is also distributed to all students through the Student Handbook website. Southeast provides services and activities that promote a drug-free campus environment and tracks the number of alcohol and drug-related offenses, applicable sanctions and referrals.